

→ RAINFOREST BY THE BAY

Tru Spa is a hip, ultramodern escape in downtown San Francisco that offers patrons a full range of spa services you would expect, plus a feature or two you wouldn't, such as a tropical rainforest experience.

The more adventurous spa-goer should try one of Tru Spa's signature "wet body" treatments. *Jungle Love* is especially exotic and fun. After being scrubbed with a coconut exfoliant and slathered in a blanket of mango, papaya, and pineapple pulp, you'll feel as though you're being prepared as a sacrifice to the local gods. A hot mist engulfs you, followed by a warm tropical rain and a rinse in the "waterfall." Bring your partner and enjoy the experience together. Afterwards, indulge in complimentary fruit, cheese and crackers, brownies, and champagne.

If a psychedelic rainbow of colors is more your speed, check out the "mind-melting and body-refreshing" TruTherapy Massage for 75 blissful minutes. This service combines expert massage and aromatherapy with Colored Light Therapy, a unique treatment in which a computer-controlled LED light system creates a coordinating light program to heighten therapeutic benefits.

Tru Spa, named "San Francisco's Best Day Spa 2006" by *Allure* magazine, is at 750 Kearny St., inside the lobby of the new Hilton Hotel. To book a visit call 415.399.9700 or go to truspa.com.

